

# “The Plan”

***“The Fabulously Brilliant Flexible and Comprehensive Plan for Raising Independent Children Who Will Be Able to Take Care of Themselves as Adults and Be Able to Have a Family of Their Own Plan.”***

## **THREE YEARS OLD**

Dress self  
Toilet trained  
Beginning brush teeth  
Pick up toys  
Say prayers

## **FOUR YEARS OLD**

Brush teeth  
Make bed  
Make own breakfast  
Make sandwiches  
Beginning to clean room  
Clean glass tables  
Unload dishwasher

## **FIVE YEARS OLD**

Straighten room  
Vacuum  
Empty garbage cans  
Set table  
Clear table  
Make own lunch  
Canned food warm-up  
Get allowance

## **SIX YEARS OLD**

Take shower  
Dusting  
Load dishwasher  
Empty dishwasher  
Clean sinks  
Run microwave  
Water plants  
Make and answer phone calls

## **SEVEN YEARS OLD**

Wash dishes  
Floss teeth  
Clean toilets  
Pull weeds  
Savings account  
Read with comprehension  
Memorize phone/address

## **EIGHT YEARS OLD**

Grooming nails & hair  
Get up by himself  
Team sport or club  
Personal talent development  
Clean mirrors  
Read scriptures daily  
Care for pet  
Do hair  
Begin piano lessons

# “The Plan”

## **NINE YEARS OLD**

Mop floor  
Clean pictures  
Bake cakes  
Bake cookies  
Read scriptures daily  
Baptism  
Emergency prep  
Learn first aid  
Fill car with gas  
Wash car  
Vacuum interior of car  
Hammer nails  
Saw wood  
Cook vegetables  
Write letters  
Understands puberty & sex  
Use e-mail

## **TEN YEARS OLD**

Do own laundry completely  
Set personal goals  
Musical instrument  
Maintain personal journal  
Exercise program  
Rent video  
Clean stove  
Clean oven  
Make several salads  
Basic nutrition  
Use blower  
Plant plants  
Place a collect call  
Use a payphone  
Place a long distance call  
Know articles of faith  
Write creative writing  
Basic science understanding  
Wrap presents  
Sew buttons

## **ELEVEN YEARS OLD**

Arrange for own haircuts  
Clean refrigerator  
Clean cupboards  
Straighten drawers  
Straighten closets  
Sew hems  
Bake pies  
Bake bread  
Make several main dishes  
Ironing  
Meal planning  
Mow lawn  
Use weed-wcker  
Garden maintenance  
Place credit card call  
Mission preparation  
Good basic math skills  
Use a camera  
Learn to crochet or knit  
First aid training  
Babysitting class

## **TWELVE YEARS OLD**

Shop for clothing  
Basic fashion awareness  
Wardrobe planning  
Develop reading program  
Read newspaper  
Public speaking  
Weight control habits  
Make/keep dentist appt.  
Make/keep doctor appt.  
Keep personal calendar  
Understand basic filing  
Some computer experiences  
Order something by phone  
Order something by mail  
Order something on internet  
Read Book of Mormon through  
Priesthood or Young Women's  
Check fluids in car  
Paint interior/exterior house  
Babysitting  
Mending  
Clean windows  
Use internet (filtered!)

# “The Plan”

## **THIRTEEN YEARS OLD**

- Sew simple items
- Shopping & sales
- Bargain hunting
- Party planning
- Has own recipe files
- Grocery shopping
- Plant care
- Simple budgeting
- Pay household bills
- Use ATM
- Certify for CPR
- Type without looking
- Go to movies w/out parent
- Understand prescriptions
- Learn meat-handling rules
- Learns etiquette rules

## **FOURTEEN YEARS OLD**

- Basic interior decorating
- Food storage basics
- Memorize S.S. number
- Understand debit cards--use
- Learn interest, debt, securities
- Learn about make-up (girls!)
- Identify business skill to get
- Some experience with sales
- Learn basic civics and politics
- Accompany parent to vote
- Thorough car detailing
- Change flat tire
- Basics of car operation
- Structural household repairs
- Put up wallpaper
- Memorize Seminary scriptures
- Clean garage
- Sell items on the internet

## **SIXTEEN YEARS OLD**

- Get driver's license!
- Understands credit cards
- Learn retirement plans
- Resume preparation
- Interviewing
- Understand advertising
- Career planning
- Arrange for car insurance
- Household repairs
- Assist in purchase of car
- Checking account
- File tax return
- Deal the auto mechanic
- Landscape planning
- Use cell phone (they pay for it!)
- GET A JOB!!!

## **EIGHTEEN YEARS OLD**

- Spontaneously quotes scriptures in Sunday School
- Stops by to visit parents and offers to help
- Starts buying parents really expensive gifts
- File insurance claim
- Shall I go on? I love dreaming!

Rather incredible, isn't it? We have to know a LOT before we can be successful adults. Some of you may be reading the list and thinking, "Gee, I still need to learn some of this." It's never too late!

You may certainly want to add some items that fit your own family's spiritual values as well and your family's personality.

Good Luck!

Merrilee

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